

'THE BEST MEDICAL RESULTS COME FROM THE HIGHEST QUALITY STANDARDS'

Quality of care at hospitals directly impacts the health of patients. At tertiary care centres like HCG Hospitals, Ahmedabad, stringent quality control norms are practiced with a sense of pride and responsibility, to ensure successful medical outcomes

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Quality care is about getting the care you need, when you need it the most. The quality of care provided to the patient directly impacts the patient's health status, leading to a faster recovery and shorter hospital stay. The quality of health care is on the top of the agenda in health care institutions such as HCG Hospitals, Ahmedabad, which recently got NABH Accreditation.



'Stringent quality control norms'

Dr Bharat Gadhavi
CEO, HCG

Dr Bharat Gadhavi, CEO & Medical Director, HCG Ahmedabad, emphasises, "At HCG medical outcome & patient safety is of top priority. This can be achieved only through an ongoing process of improving quality and creating safer environments. The first step towards this is to get accreditation like NABH, NABL etc which helps in improving patient satisfaction.

Quality of care includes monitoring of various quality indicators such as surgical site infections, controlled ICU environment, bed sores etc. This results into shorter hospital stay and less cost for the patients. The medical audit team in the hospital ensures each patient goes through tests only when required and avoids those that are not necessary, Dr Gadhavi informs.

"Hygiene is paramount to our hospital and not compromised at any cost. Also, accreditation of quality ensures seamless, continuity in care. We hold proper communication, very important, for example, ensuring a nurse writes down the correct names of medicines prescribed by the doctor and procures it from the pharmacy without any error in judgement," Dr. Bharat Gadhavi, says.

QUICK RESPONSE TIME

'Code Blue' is generally used to indicate a patient requiring immediate resuscitation, most often, after suffering a cardio respiratory arrest. At HCG, the Code Blue team has one of the fastest response times where trained and qualified doctors & paramedics are rushed to the patient requiring emergency treatment in any part of the hospital. "Whether it happens or not, the team is always alert to handle any emergency at all times," Dr Gadhavi says.



Dr Bhupesh Shah
Director,
Cardiothoracic
Surgery

'Scarless keyhole cardiac surgery is the future'

Those days of having a huge scar on the chest showing the person has gone through a cardiac surgery are long gone. For the past two years, cardiothoracic surgeon Dr. Bhupesh Shah, Director, Cardiothoracic Surgery, HCG Hospitals, Ahmedabad, has been skillfully performing keyhole cardiac surgeries with minimal (or less) scar or any loss of blood for the patient.

"Minimal invasive cardiac procedure is the futuristic technology and in future more cardiac patients will opt for this kind of scarless and bloodless procedure on their own," he points out, adding that HCG is a centre of excellence when it comes to having a skilled cardio thoracic team. "We have been performing minimal invasive cardiac procedures successfully for two years now and are highly proficient in handling mitral valve, septal defects, single valve replacement and early stage bypass surgery," Dr Shah emphasises.



Dr Dipak Dave
Director,
Orthopaedics &
Joint Replacement

'Long term, predictable and satisfactory results ensured with joint replacement surgery'

With increasing awareness about the benefits and successful outcomes of joint replacement surgery, both the young and elderly are opting for joint replacement procedures on their own volition. For a successful joint replacement outcome, it is necessary that we work in an environment that has lowest infection rates and the highest quality standards. Dr. Dipak Dave, Director, Orthopaedics & Joint Replacement, HCG Hospitals, Ahmedabad, states that most of my patients have excellent outcomes because of the high quality standards set up at HCG Hospitals and use of latest technology and implants.

Short hospital stay, quick mobilisation, long term satisfactory results, good post operative pain management program are main factors because of which more & more patients are now opting for

replacement surgeries of hip, knee, elbow and shoulder. "Our aim is to give each patient, the quality of life which is right for his/her age and culture. Demands of younger people for their routine activities are different from elderly persons who have limited activities," he says. The current concern is long term results in the younger age group.

Dr Dave also attributes the successful outcomes to newer design innovation through bio-engineering and latest surgical technique. Patient-specific knee implant, minimal invasive surgical approach, early mobilization and achieving near normal movements of the joint are some of the newer developments responsible for better outcome. Indications for these surgeries are also extending and apart from age related arthritis there are many conditions like rheumatoid disease, post injury arthritis, arthritis of hip due to steroids and alcohol where joint replacement surgery has major role to give pain free mobility to affected person.



Dr Hemang Baxi
Director, Urology

Cutting edge technology in Urology: Leaving no stone unturned.. or untreated

At the Department of Urology and Uro-oncology at HCG Ahmedabad, Dr Hemang Baxi, Director, works skilfully with a laser beam through a small flexible endoscope, blasting out kidney stones. The newer video endoscopes provide excellent optics allowing us to manoeuvre into every corner of the urinary tract to give complete stone clearance for urinary stones in one sitting' he says.

"With improving technology, equipments like Image 1 endovi-

sion camera, harmonic scalpel and other high end instruments are a part of standard operating equipments at HCG. These make major laparoscopic surgeries - both benign and malignant - of kidneys, adrenals, bladder and prostate more precise.

To ensure the best clinical outcome, team approach is followed for all patients. At HCG, the paramedical staff joins hands with the clinician in monitoring outcome indicators, resulting into a standardisation of all processes leading to a quality health care to all our patients," he adds.